

Four Winds NHC Dispensary

(Alcohol Based)

Herb	Latin Name	Part Used
Agrimony	<i>Agrimonia spp.</i>	Herb
Silk Tree (Albizia)	<i>Albizia julibrissin</i>	Bark
Alfalfa	<i>Medicago sativa</i>	Herb
Asian Water Plantain (Alisma)	<i>Alisma orientale</i>	Rhizome
White Colicroot (Alteris)	<i>Alteris farinosa</i> L.	Root
Amla (Amalaki)	<i>Emblica officinalis</i>	Fruit
Ragweed (Ambrosia)	<i>Ambrosia artemisiifolia</i>	Herb
American Bellflower	<i>Campanulastrum americanum</i> L.	Leaf, Flower
Andrographis	<i>Andrographis paniculata</i>	Herb
Anemarrhena	<i>Anemarrhena asphodeloides</i>	Root
Angelica	<i>Angelica archangelica</i>	Root
Anise	<i>Pimpinella anisum</i>	Seed
Anise Hyssop	<i>Agastache foeniculum</i>	Aerial
Star Anise	<i>Illicium anisatum</i>	Star Cluster
Arjuna	<i>Terminalia arjuna</i>	Bark
Asparagus	<i>Asparagus cochinchinensis</i>	Root
Atractylodes	<i>Atractylodes macrocephalae</i>	Root
Artichoke	<i>Cynara scolymus</i>	Leaf
Ashwaganda	<i>Withania somnifera</i>	Root
Astragalus	<i>Astragalus membranaceus</i>	
Bacopa	<i>Bacopa monnieri</i>	Dried Herb
Balsam Root	<i>Balsamorhiza sagittata</i>	Dried Root
Chinese Cimicifuga (Baneberry)	<i>Actea spp.</i>	Root
Barberry	<i>Berberis vulgaris</i>	Root
Basil	<i>Ocimum basilicum</i>	Leaf
Bayberry	<i>Morella cerifera</i>	Root Bark
Benzoin Tree	<i>Styrax benzoin</i>	Gum
Beth Root	<i>Trillium erectum</i>	Root
Biota	<i>Biota orientalis</i>	Seed
Bistort	<i>Polygonum bistorta</i>	Root
Bitter Melon	<i>Momordica charantia</i>	Fresh Fruit
Bitter Root	<i>Lewisia rediviva</i> Pursh	Root
Blackberry	<i>Rubus fruticosus</i>	Root
Black Cohosh	<i>Actea racemosa</i>	Root

Black Haw	<i>Viburnum prunifolium</i>	Bark
Black Walnut	<i>Juglans nigra</i>	Hull
Bladderwrack	<i>Fucus vesiculosus</i>	Seaweed
Blessed Thistle	<i>Cnicus benedictus</i>	Aerial Parts
Blueberry	<i>Vaccinium ovatum</i>	Leaf
Blue Cohosh	<i>Caulophyllum thalictroides</i>	Root
Blue Flag	<i>Iris versicolor</i>	Root
Blue Vervain	<i>Verbena hastata</i>	Leaf, Flower
Bogbean	<i>Menyanthes trifoliata</i>	Herb
Boldo	<i>Peumus boldus</i>	Leaf
Boneset	<i>Eupatorium perfoliatum</i>	Flowering Tops
Borage	<i>Borago spp.</i>	Leaf, Flower
Indian Frankincense (Boswellia)	<i>Boswellia serrata</i>	Root
Buchu	<i>Barosma crenulata</i> , <i>Barosma serratifolia</i>	Herb
Buckthorn	<i>Rhamnus cathartica</i>	Bark
Bugleweed	<i>Lycopus spp.</i>	Herb
Bupleurum	<i>Bupleurum chinense</i>	Root
Burdock Root	<i>Arctium lappa</i>	Root
Burdock Seed	<i>Arctium lappa</i>	Seed
Bush Morning Glory	<i>Ipomoea leptophylla</i> L.	Root & Flower
Buther's Broom	<i>Ruscus aculeatus</i>	Root
Butternut	<i>Juglans cinerea</i>	Root Bark
Calamus	<i>Acorus calamus</i>	Root
Calendula	<i>Calendula officinalis</i>	Flower
California Poppy	<i>Eschscholzia californica</i>	Herb
Fleabane	<i>Erigeron spp.</i>	Fresh Herb
Caraway	<i>Carum carvi</i>	Seed
Cardamon	<i>Elettaria cardamomum</i>	Seed Cluster
Cascara Sagrada	<i>Rhamnus purshiana</i> DC	Bark
Catnip	<i>Nepeta cataria</i>	Leaf
Cat's Claw	<i>Unicaria tomentosa</i>	Bark
Cayenne	<i>Capsicum spp.</i>	Fruit
Celandine	<i>Chelidonium spp.</i>	Herb
Celery	<i>Apium graveolens</i>	Seed
Centaury	<i>Centaurium erythraea</i>	Herb
Chaga	<i>Inonotus obliquus</i>	Mushroom
Chamomile	<i>Matricaria chamomilla</i> L.	Flower
Chaparral	<i>Larrea tridentata</i>	Herb
Chapparo Amargoda	<i>Castela spp.</i>	Herb
Chaste Tree	<i>Vitex agnus-castus</i>	Berry
Chickweed	<i>Stellaria media</i>	Aerial Parts
Chrysanthemum	<i>Chrysanthemum morifolium</i>	Flower

Cilantro	<i>Coriandrum sativum</i>	Leaf
Cinchona	<i>Cinchona spp.</i>	Bark
Cinnamon	<i>Cinnamomum cassia</i>	Twig, Branch
Cinnamon	<i>Cinnamomum cassia</i>	Bark
Cinquefoil	<i>Potentilla spp.</i>	Fresh Leaf
Cleavers	<i>Galium aparine</i>	Leaf
Clematis	<i>Clematis spp.</i>	Herb
Clove	<i>Syzygium aromaticum</i>	Seed
Codonopsis	<i>Codonopsis pilosulae</i>	Root
Coleus	<i>Coleus forskohlii</i> Wiild.	Root
Stoneroot (Collinsonia)	<i>Collinsonia canadensis</i>	Whole Plant
Coltsfoot	<i>Tussilago farfara</i>	Flowering Tops
Compassplant	<i>Silphium laciniatum</i> L.	Root
Compassplant	<i>Silphium laciniatum</i> L.	Leaf
Coptis	<i>Coptis chinensis</i>	Root
Cordyceps	<i>Cordyceps sinensis</i>	Mushroom
Cornsilk	<i>Zea mays</i>	Silk
Asiatic Dogwood (Cornus)	<i>Corni officinalis</i>	Berry
Corydalis Yanhusuo	<i>Corydalis yanhusuo</i>	Root
Cotton	<i>Gossypium thurberi</i>	Root Bark
Eastern Cottonwood	<i>Populus deltoides</i> W.	Fresh Buds
Eastern Cottonwood	<i>Populus deltoides</i> W.	dried bark
Eastern Cottonwood	<i>Populus deltoides</i> W.	Dried Twig
Black Cottonwood	<i>Populus balsamifera</i>	Buds And/Or Bark
Couch Grass	<i>Elytrigia repens, Elymus repens</i>	Rhizome
Eltrot (Cow Parsnip)	<i>Heracleum sphondylium</i> L.	Root
Cowslip	<i>Primula veris</i>	Fresh Whole Plant
Cramp Bark	<i>Viburnum opulus</i>	Bark
Cranesbill	<i>Geranium maculatum</i>	Root
Culver's Root	<i>Veronicastrum virginicum</i>	Aged Root
Cup Plant	<i>Silphium perfoliatum</i> L.	Root
Cynomorium	<i>Cynomorium songaricum</i>	Root
Cyperus	<i>Cyperus rotundus</i>	Root
Cypress	<i>Cyperus spp.</i>	Leaf
Damiana	<i>Turnera diffusa</i>	Herb
Dandelion	<i>Taraxacum officinale</i>	Leaf
Dandelion	<i>Taraxacum officinale</i>	Root
Devil's Claw	<i>Harpagophytum procumbens</i>	Tuber
Devil's Club	<i>Oplopanax horridus</i>	Root Bark
Chinese Yam (Dioscorea)	<i>Dioscorea oppositifolia</i>	Root

Chinese Dodder	<i>Cuscuta chinensis</i>	Seed
Dong Quai	<i>Angelica sinensis</i>	Root
Echinacea Angustifolia	<i>Echinacea angustifolia</i>	Root
Echinacea Purpurea	<i>Echinacea purpurea</i>	Root
Eclipta	<i>Eclipta prostrata</i>	Aerial Parts
American Elder	<i>Sambucus canadensis</i>	Flower
American Elder	<i>Sambucus canadensis</i>	Berry
Elecampane	<i>Inula helenium</i>	Root
Sickle-top Betony (Elephant Ears)	<i>Pedicularis racemosa</i>	Fresh Leaf & Flw
Elephant Tree	<i>Bursera microphylla</i>	Stem, Bark
Eluethero	<i>Eleutherococcus senticosus</i>	Root
Epimedium	<i>Epimedium</i> L.	Herb
Evening Primrose	<i>Oenothera biennis</i>	Flower
Eyebright	<i>Euphrasia officinale</i>	Herb
False Unicorn	<i>Chamaelirium luteum</i>	Root
Fennel	<i>Foeniculum vulgare</i>	Seed
Fenugreek	<i>Trigonellae foenum-graecum</i>	Seed
Feverfew	<i>Chrysanthemum parthenium</i>	Flower
Figwort	<i>Scrophularia nodosa</i>	Flowering Tops
Fringe Tree	<i>Chionanthus virginica</i>	Root Bark
Lesser Galangal	<i>Alpinia officinarum</i> Hance	Root
Garlic	<i>Allium sativum</i>	Bulb
Wright's Silktassle (Garrya Silk Tassle)	<i>Garrya wrightii</i> Torr.	Herb
Guaraná	<i>Paullinia cupana</i>	Seed
Gentian	<i>Gentiana lutea</i>	Root
Ginger	<i>Zingiber officinale</i>	Dried Root
Ginger	<i>Zingiber officinale</i>	Fresh Root
Ginkgo	<i>Gingko biloba</i>	Leaf
American Ginseng	<i>Panax quinquefolium</i>	Root
Asian Ginseng	<i>Panax ginseng</i>	Root
Prince Ginseng	<i>Psuedostellaria heterophylla</i>	Root
Goat's Rue	<i>Galega officinalis</i>	Herb
Canadian Goldenrod	<i>Solidago canadensis</i>	Leaf, Flower
Goldenseal	<i>Hydrastis canadensis</i>	Root
Gotu Kola	<i>Centella asiatica</i>	Herb
Gravel Root	<i>Eupatorium purpureum</i>	Root
Grindelia	<i>Grindelia</i> spp.	Aerial Portions
Ground Ivy	<i>Glechoma hederacea</i>	Leaf, Flower
Guaiacum	<i>Guaiacum officinale</i>	Bark, Resin
Guggul	<i>Commiphora mukul</i>	Resin
Gymnema	<i>Gymnema sylvestre</i>	Aerial Parts

Gymnostemma	<i>Gymnostemma pentaphyllum</i>	Herb
Chinese Hawthorn	<i>Crataegus pinnatifida</i>	Dried Berry
Hawthorn	<i>Crataegus spp.</i>	Berry
Hawthorn Blend	<i>Crataegus spp.</i>	Leaf, Flower, Berry
Fo Ti (He Shou Wu)	<i>Polygonum multiflorum</i>	Root
French Tarragon	<i>Artemisia dracunculus</i>	Fresh Leaf and Stem
Holy Basil	<i>Ocimum tenuiflorum</i>	Aerial Parts
Honeysuckle	<i>Lonicera japonica</i> Thunb.	Flower
Hops	<i>Humulus lupulus</i>	Strobiles
White Horehound	<i>Marrubium vulgare</i>	Leaf
Black Horehound	<i>Ballota nigra</i>	Aerial Parts
Horse Chestnut	<i>Aesculus hippocastanum</i>	Seed
Horseradish	<i>Armoracia rusticana</i>	Root
Horsetail	<i>Equisetum arvense</i>	Herb
Lemon Beebalm (Horsemint)	<i>Monarda citriodora</i>	Fresh Herb
Spotted Beebalm	<i>Monarda punctata</i>	Fresh Herb
Houttuynia	<i>Houttuynia cordata</i>	Herb
Hydrangea	<i>Hydrangea arborescens</i>	Root
Hyssop	<i>Hyssopus officinalis</i>	Leaf
Indian Pipe	<i>Monotropa uniflora</i>	Whole Plant
Irish Moss	<i>Mastocarpus stellatus (Chondrus crispus)</i>	Seaweed
Isatis	<i>Isatis indigotica</i>	Root
Jamaica Dogwood	<i>Piscidia piscipula</i>	Bark
Japanese Knotweed	<i>Polygonum cuspidatum</i>	Root & Rhizome
Jewelweed	<i>Impatiens spp.</i>	Herb
Jujube	<i>Zizyphus jujube</i>	Fruit
Jambolan	<i>Syzygium jambolanum</i>	Seed & Fruit
Juniper	<i>Juniperus communis</i>	Berry
Kava	<i>Piper methysticum</i>	Root
Khella	<i>Ammi visnaga</i>	Seed
Cola (Kola)	<i>Cola nitida</i>	Seed
Kudzu	<i>Pueraria montana, Pueraria lobata</i>	Root
Lady's Mantle	<i>Alchemilla vulgaris</i>	Aerial Parts
English Lavender	<i>Lavendula angustifolia</i>	Flower
Lemon Balm	<i>Melissa officinalis</i>	Leaf
Lemon Verbena	<i>Aloysia citriodora</i>	Leaf
Licorice	<i>Glycyrrhiza glabra</i>	Root
Ligusticum Wallichii	<i>Ligusticum wallichii</i>	Root
Ligustrum	<i>Ligustrum lucidum</i>	Berry

Brown's Lily Bulb)	(Lily <i>Lilium brownii</i>	Bulb
Linden	<i>Tilia spp.</i>	Leaf, Flower
Lomatium	<i>Lomatium dissectum</i>	Root
Longan	<i>Euphoria longana</i>	Fruit
Sacred Lotus	<i>Nelumbo nucifera</i>	Seed
Lungwort Lichen	<i>Sticta pulmonaria</i>	Lichen
Lycium	<i>Lycium chinensis</i>	Berry
Maca	<i>Lepidium meyenii</i>	Root
Madder	<i>Rubia tinctoria</i>	Root
Maitake	<i>Grifola frondosa</i>	Mushroom
Marshmallow	<i>Althaea officinalis</i>	Root
Meadowsweet	<i>Filipendula ulmaria</i>	Herb
Mexican White Sagebrush (Prairie White Sagebrush)	<i>Artemisia ludoviciana</i>	Aerial
Milk Thistle	<i>Silybum marianum</i>	Seed
Morinda	<i>Morinda officinalis</i>	Root
Motherwort	<i>Leonurus cardiaca</i>	Leaf, Flower
Chinese Peony (Moutan Peony)	<i>Paeonia. suffruticosa</i>	Root
Mugwort	<i>Artemesia vulgaris</i>	Leaf
Muir Puama	<i>Ptychopetalum olacoides</i>	Root
Mullein	<i>Verbascum thapsus</i>	Leaf
Mullein	<i>Verbascum thapsus</i>	Root
Myrrh	<i>Commiphora molmol</i>	Gum Resin
Neem	<i>Azadirachta indica</i>	Leaf
Stinging Nettle	<i>Urtica dioica</i>	Root
Stinging Nettle	<i>Urtica dioica</i>	Leaf
Stinging Nettle	<i>Urtica dioica</i>	Seed
Night-Blooming Cereus	<i>Selenicereus grandiflorus</i>	Fresh Stem
Nutmeg	<i>Myristica fragrans</i>	Seed
Oat	<i>Avena sativa</i>	Milky Seed
Ocotillo	<i>Fouquieria splendens</i>	Stem Bark
Olive	<i>Olea europaea</i>	Leaf
Ophiopogon	<i>Ophiopogon japonicus</i>	Root
Orange	<i>Citrus sinensis</i>	Peel
Oregano Oil	<i>Origanum vulgare</i>	Leaf
Oregon Grape	<i>Mahonia aquifolium</i>	Root
Osha	<i>Ligusticum porteri</i>	Root
Parsley Piert	<i>Aphanes arvensis</i>	Herb
Parsley	<i>Petroselinum crispum</i>	Root

Partridge Berry	<i>Mitchella repens</i>	Herb
Passionflower	<i>Passiflora incarnata</i>	Herb
Patchouli	<i>Pogostemon patchouly</i>	Herb
Pau d' Arco	<i>Tabebuia impetiginosa</i>	Bark
Pellitory of the Wall	<i>Parietaria officinalis</i>	Aerial Parts
American Pennyroyal	<i>Hedeoma spp.</i>	Herb
Peppermint	<i>Mentha x piperita</i>	Herb
Peach (Persica)	<i>Prunus persica</i>	Seed
Greater Periwinkle	<i>Vinca major</i>	Flow. Tips & Leaf
Lesser Periwinkle	<i>Vinca minor</i>	Aerial
Purple Butterbur (Petasites)	<i>Petasites officinalis</i>	Root
Picrorhiza	<i>Neopicrorhiza scrophulariiflora</i>	Root
Phyllanthus	<i>Phyllanthus amarus</i>	Herb
Pipsissewa	<i>Chimaphila umbellata</i>	Leaf
Plantain	<i>Plantago major</i>	Leaf
Platycodon	<i>Platycodon grandiflorum</i>	Root
Pleurisy Root	<i>Asclepias tuberosa</i>	Root
Poria	<i>Poria cocos</i>	Fungus
Prairie Rose	<i>Rosa arkansana</i> Porter	leaf, stem, flower
Prairie Sagewort (Fringed Sage)	<i>Artemisia frigida</i>	Aerial
Prickly Ash	<i>Zanthoxylum americanum</i>	Bark
Prickly Pear	<i>Opuntia spp.</i>	Fresh Pad & Flower
Propolis	<i>Propolis</i>	Resin
Pygeum	<i>Prunus africana</i>	Bark
Quaking Aspen	<i>Populus tremuloides</i>	Buds And/Or Bark
Quassia	<i>Quassia amara</i>	Wood
White Quebracho	<i>Aspidosperma quebracho-blanco</i>	Bark
Button Eryngo (Rattlesnake Master)	<i>Eryngium yuccifolium</i>	Root
Red Alder	<i>Alnus rubra</i>	Bark
Red Clover	<i>Trifolium pratense</i>	Flower
Red Peony	<i>Paeonia rubra</i> L.	Root
Raspberry	<i>Rubus idaeus</i>	Leaf
Red Root	<i>Ceanothus americanus</i>	Root
Chinese Salvia (Red Sage)	<i>Salvia miltiorrhiza</i>	Root
Rehmannia	<i>Rehmannia glutinosa</i>	Root
Reishi (Mushroom, Red)	<i>Ganoderma lucidium</i>	Mushroom

Reishi (Mushroom, Black)	<i>Ganoderma sinense</i>	Mushroom
Rhodiola	<i>Rhodiola rosea</i>	Root
Chinese Rhubarb (Turkey Rhubarb)	<i>Rheum palmatum</i>	Root & Rhizome
Damask Rose (Rose)	<i>Rosa x damascena</i>	Flower
Rosemary	<i>Rosmarinus officinalis</i>	Leaf, Flower
Rue	<i>Ruta graveolens</i>	Leaf
Safflower	<i>Carthamus tinctorius</i>	Flower
Sage	<i>Salvia officinalis</i>	Leaf
Sagebrush	<i>Artemisia tridentata</i>	Leaf
Sandalwood (Red Sandalwood)	<i>Santalum album</i>	Wood Bark
St. John's Wort	<i>Hypericum perforatum</i>	Flower
Sarsaparilla (Jamaican Sarsaparilla)	<i>Smilax regelli</i>	Root
Chinese Smilax (Sarsaparilla, Chinese)	<i>Smilax glabra</i>	Root
Sassafras	<i>Sassafras albidum</i>	Bark
Saw Palmetto	<i>Serenoa repens</i>	Berry
Schisandra	<i>Schisandra sphenanthera</i>	Berry
Scotch Broom	<i>Cytisus scoparius</i>	Flowering Branch
Skullcap	<i>Scutellaria lateriflora</i>	Herb
Chinese Skullcap	<i>Scutellaria baicalensis</i>	Root
Heal All (Self Heal)	<i>Prunella vulgaris</i>	Flowering Tops
Western Serviceberry	<i>Amelancier alnifolia, Amelancier arborea</i>	Bark and/or Fruit
Sheep Sorrel	<i>Rumex acetosella</i>	Leaf
Shepherd's Purse	<i>Capsella bursa-pastoris</i>	Herb
Slippery Elm	<i>Ulmus rubra</i>	Fresh Inner Bark
Fireweed (Small-Flower Willow Herb)	<i>Epilobium spp.</i>	Herb
Bouncingbet (Soapwort)	<i>Saponaria officinalis</i> L.	Leaf
Solomon's Seal	<i>Polygonatum biflorum</i>	Root
Spikenard	<i>Aralia racemosa</i>	Root
Spilanthes	<i>Spilanthes spp.</i>	Flower
Stevia	<i>Stevia rebaudiana</i>	Herb

Stillingia	<i>Stillingia sylvatica</i>	Root
Suma	<i>Pfaffia paniculata</i>	Root
Smooth Sumac	<i>Rhus glabra</i>	Berry
Sundew	<i>Drosera rotundifolia</i>	Flowering Herb
Japanese Teasel (Teasel, Chinese)	<i>Dipsacus japonicus</i>	Root
Indian (Teasel, Western)	<i>Dipsacus slyvestre</i>	Root
Thuja	<i>Thuja occidentalis, Thuja plicata</i>	Leaf
Three Leaf Caper	<i>Crataeva nurvala</i>	Bark
Thyme	<i>Thymus vulgaris</i>	Leaf
Tienchi Ginseng	<i>Panax pseudoginseng</i>	Root
Tiger Lily	<i>Lilium tigrinum</i>	Root
Toadflax	<i>Linaria spp.</i>	Herb
Toothed Clubmoss	<i>Huperzia serrata</i>	Dried Thallus
Tribulus	<i>Tribulus terrestris</i>	Fruit
Turmeric	<i>Curcuma longa</i>	Root
Umckaloabo	<i>Pelagonium sidoides</i> DC	Root
Uncaria Gambir	<i>Uncaria rhynchophylla</i>	Branch, Thorn
Usnea	<i>Usnea barbata</i>	Lichen
Uva Ursi	<i>Arctostaphylus uva-ursi</i>	Leaf
Valerian	<i>Valeriana officinalis</i>	Root
Venus' Fly Trap	<i>Dionaea muscipula</i>	Herb & Root Juice
Violet	<i>Viola spp.</i>	Aerial Parts
Wahoo	<i>Euonymus atropurpurea</i>	Root Bark
Watercress	<i>Rorippa nasturium-aquatica</i>	Fresh Aerial Parts
White Ash	<i>Fraxinus americana</i>	Bark
White Oak	<i>Quercus alba</i>	Bark
White Peony	<i>Paeonia lactiflora</i>	Root
Fragrant Waterlily (White Pond Lily)	<i>Nymphaea odorata</i>	Root
White Sage	<i>Salvia apiana</i>	Leaf
White Willow	<i>Salix alba</i>	Bark
Wild Bergamont Beebalm	<i>Monarda fistulosa</i>	Leaf, Flower
Chokecherry (Wild Cherry)	<i>Prunus virginiana</i>	Bark
Wild Indigo	<i>Baptisia tinctoria</i>	Root
Wild Lettuce	<i>Lactuca spp.</i>	Tops
Wild Oat (Oat, Fresh)	<i>Avena fatua</i>	Milky Seed
Wild Yam	<i>Dioscorea villosa</i>	Root
Witch Hazel	<i>Hamamelis virginiana</i>	Leaf & Twigs

Wood Betony	<i>Pedicularis groenlandica</i> or <i>Stachys spp.</i>	Herb
Sweet Wormwood (Wormwood)	<i>Artemisia annua</i>	Herb
Yarrow	<i>Alchillea millefolium</i>	Flower, Leaf
Yellow Dock	<i>Rumex crispus</i>	Root
Yellow Pond Lily	<i>Nuphar luteum</i> L. <i>spp. polysepalum</i>	Fresh Root
Yellow Root	<i>Xanthoriza simplicissima</i>	Root
Yellow Sweet Clover	<i>Melilotus officinalis</i>	Aerial Portions
Yerba Mansa	<i>Anemopsis californica</i>	Root
Yerba Santa	<i>Eriodictyon trichocalyx</i>	Leaf
Yohimbe	<i>Corynanthe yohimbe</i>	Bark
Yucca	<i>Yucca spp.</i>	Root
Ziziphus Jujuba var. Spinosa (Zizyphus)	<i>Zizyphus spinosa</i>	Seed

Formulas (Alcohol-Based)

Anti-Spasmodic Formula
Bitters Compound
Bugs Away
Candida Be Gone
Carminative Compound
Eli Jones Compound
Syrup of Scrophularia
Erigeron Cinnamon Compound
Happy Hormones
Happy Liver
Happy Nose
Happy Skin
Herbal Sunshine
Kidney Cleanser
Lower GI
Mood-Aid
Paw Paw Compound
Phyto Cyto
Summer Cleanse
Super Adaptogen

Four Winds NHC Dispensary Pediatric Glycerites (Alcohol Free)

Common Name	Latin Name	Part Used
American Ginseng	<i>Panax quinquefolium</i>	Fresh Root
Anise Hyssop	<i>Agastache foeniculum</i>	Flowering Tops
Ashwaganda	<i>Withania somnifera</i>	Root
Astragalus	<i>Astragalus membranaceus</i>	Root
Bacopa	<i>Bacopa monnieri</i>	Dried Herb
Black Walnut	<i>Juglans nigra</i>	Fresh Green Hull
Bupleurum	<i>Bupleurum chinense</i>	Dried Root
Burdock	<i>Arctium lappa</i>	Fresh Root
California Poppy	<i>Eschscholzia californica</i>	Flowering Aerial Parts
Catnip	<i>Nepeta cataria</i>	Fresh Leaf & Flower
Chamomile	<i>Chamomila recutia</i>	Fresh Flowering Tops
Chinese Hawthorn	<i>Crataegus spp.</i>	Dried Berry
Cinnamon Twig	<i>Cinnamon cassia ramulus</i>	Dried Chinese Twig, Gui Zhi
Cramp Bark	<i>Viburnum opulus</i>	Bark
Dandelion	<i>Taraxacum officinale</i>	Root
Dong Quai	<i>Angelica sinensis</i>	Root
Devils Claw	<i>Harpagophytum procumbens</i>	Tuber
Echinacea Angustifolia	<i>Echinacea angustifolia</i>	Root
American Elder	<i>Sambucus canadensis</i>	Berry
Eleuthero	<i>Eleutherococcus senticosis</i>	Root
Eyebright	<i>Euphrasia offinalis</i>	Herb
Fringe Tree	<i>Chionanthus virginica</i>	Bark
Garlic	<i>Allium sativum</i>	Fresh Bulb
Goldenseal	<i>Hydrastis canadensis</i>	Root Certified Organic
Gotu Kola	<i>Centella asiatica</i>	Aerial Parts
Hawthorn	<i>Crataegus spp.</i>	Berry
Hyssop	<i>Hyssopus officinalis</i>	Fresh Herb
Kava	<i>Piper methysticum</i>	Root
English Lavender	<i>Lavendula spp.</i>	Dried Flower
Lemon Balm	<i>Melissa officinalis</i>	Leaf
Lomatium	<i>Lomatium dissectum</i>	Root
Milk Thistle	<i>Silybum marianum</i>	Seed
Stinging Nettle	<i>Urtica dioica</i>	Fresh Leaf
Olive	<i>Olea europaea</i>	Leaf
Orange	<i>Citrus sinensis</i>	Dried Peel
Oregon Grape	<i>Mahonia aquifolium</i>	Fresh Root
Pau D' Arco	<i>Tabebuia impetiginosa</i>	Inner Bark

Picrorhiza (Picrorhiza Scrophulariiflora)	<i>Neopicrorhiza scrophulariiflora</i>	Root
Picrorhiza (Kutki)	<i>Picrorhiza kurrooa</i>	Root
Rhodiola	<i>Rhodiola rosacea</i>	Root
Damask Rose	<i>Rosa x damascena</i>	Dried Petal
St. John's Wort	<i>Hypericum perforatum</i>	Fresh Flower
Skullcap	<i>Scutellaria lateriflora</i>	Aerial Parts
Valerian	<i>Valeriana officinalis</i>	Root
Wild Lettuce	<i>Lactuca spp.</i>	Fresh Herb
Wild Oat	<i>Avena sativa</i>	Fresh Milky Seed
Yellow Dock	<i>Rumex crispus</i>	Dried Root

Pediatric Formulas (Alcohol Free)

Aller Ease
Arthri Complex
Bitters Formula
Carminative Formula
Fem-Aid
Gastro Calm
Happy Nose
Happy Tummy
Mother's Milk
Pediatric Bugs Away
Pediatric Happy Lung
Pediatric Immune Prevent
Pediatric Minor Buplureum
Sinus Relief
ZZZZZ

Four Winds NHC Dispensary LOW DOSE and RESTRICTED

Common Name	Latin Name	Part Used
Aconite	<i>Aconitum napellus</i>	Fresh Root
Aconite	<i>Aconitum carmichaeli</i>	Dried Root
American Pennyroyal	<i>Hedeoma spp.</i>	
Arjuna	<i>Terminalia arjuna</i>	Bark
Arnica	<i>Arnica montana</i>	Whole Plant

Hairy Leafcup (Bearsfoot)	<i>Polymnia uvedalia</i> L.	Aerial Parts
Belladonna OR Deadly Nightshade	<i>Atropa belladonna</i>	Dried Herb
Birch	<i>Betula alba</i> L.	Bark
Bloodroot	<i>Sanguinaria canadensis</i>	Root
Blue Flag	<i>Iris versicolor</i>	Rhizome
Red Bryony	<i>Bryonia dioica</i>	Root
Calamus	<i>Acorus calamus</i>	Root
Celandine	<i>Chelidonium majus</i>	
Chaparral	<i>Larrea tridentata</i>	leaf and flower
Comfrey	<i>Symphytum officinale</i>	Leaf
Corydalis	<i>Corydalis yanhusuo</i>	Root
Cotton	<i>Gossypium spp.</i>	Root
Dragon's Blood Croton	<i>Croton lechleri</i>	Tree Resin
Ephedra (Mormon Tea)	<i>Ephedra sinica</i>	Aerial Parts
American Hellebore (False Hellebore)	<i>Veratrum viride</i>	
Gelsemium	<i>Gelsemium sempervirens</i>	Root
Henbane	<i>Hyoscyamus niger</i>	Plant
Iodine with Kelp		
Inmortal	<i>Asclepias asperula</i>	Root
Jewel Weed	<i>Impatiens pallida</i>	Aerial Parts
Jimson Weed	<i>Datura stramonium</i>	Fresh Leaf
Golden Ragwort (Life Root)	<i>Packera aurea</i> L. (<i>Senecio aureus</i>)	Fresh Herb
Lily of the Valley	<i>Convallaria majalis</i>	Whole Plant
Lobelia	<i>Lobelia inflata</i>	Herb
Mayapple	<i>Podophyllum peltatum</i>	Root
European Mistletoe	<i>Viscum album</i>	Root
Oregano Oil	<i>Origanum vulgare</i>	Aerial Parts in Oil
Pacific Yew	<i>Taxus brevifolia</i>	Leaf and Bark
Poke	<i>Phytolacca americana</i>	Root
Pulsatilla	<i>Pulsatilla patens</i>	Herb
Rauwolfia	<i>Rauwolfia serpentina</i>	Root
Rue	<i>Ruta graveolens</i>	Fresh Herb
Scotch Broom	<i>Cytisus scoparius</i>	Fresh Root
Skunk Cabbage	<i>Symplocarpus foetidus</i>	Root
Sundew	<i>Drosera rotundifolia</i>	Fresh Flowering Herb
Syrian Rue	<i>Peganum harmala</i>	Root & Seed
Tansy	<i>Tanacetum vulgare</i>	Flower
Tiger Lily	<i>Lilium lancifolium</i>	Fresh Whole Plant

Toothed Clubmoss	<i>Huperzia serrata</i>	Dried Thallus
Tylophora Asthmatica	<i>Tylophora asthmatica</i>	Leaf
White Bryony	<i>Bryonia alba</i>	Root